



18<sup>th</sup> May 2021

Dear Parent/Carer,

## **RSE Lessons Summer 2**

As a part of your child's education at Harrington Hill Primary, we promote personal wellbeing and development through the use of Jigsaw, a comprehensive Personal, Social, Health and Economic (PSHE) education programme.

As you know, we held a Relationships and Sex Education (RSE) consultation last term, which closed on 12<sup>th</sup> February 2021. The purpose of the consultation was to gather feedback on the Jigsaw RSE curriculum and also share with parents and carers what the curriculum will look like going forward. I would like to thank all parents and carers who took the time to submit responses and completed the questionnaire. The responses gathered from parents were highly positive and supportive of the Jigsaw approach.

I am writing to let you know that, over the next 6 weeks, starting 8<sup>th</sup> June 2021, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. As part of Jigsaw's 'Changing Me' unit, each year group will be taught appropriate to their age and developmental stage, building on the previous years' learning. Please note: at no point will a child be taught something that is inappropriate; and if a question from a child arises and the teacher feels it would be inappropriate to answer, (for example, because of its mature or explicit nature), the child will be encouraged to ask his/her parents or carers at home. The question will not be answered to the child or class if it is outside the remit of that year group's programme.

The 'Changing Me' Puzzle is all about coping positively with change and includes:

**Ages 3-5** Growing up: how we have changed since we were babies.

**Ages 5-6** Boys' and girls' bodies; correct names for body parts.

**Ages 6-7** Boys' and girls' bodies; body parts and respecting privacy (which parts of the body are private and why this is).

**Ages 7-8** How babies grow and how boys' and girls' bodies change as they grow older. Introduction to puberty and menstruation. Ages 8-9 Internal and external reproductive body parts. Recap about puberty and menstruation. Conception explained in simple terms.

**Ages 9-10** Puberty for boys and girls in more detail including the social and emotional aspects of becoming an adolescent. Conception explained in simple biological terms.

**Ages 10-11** Puberty for boys and girls revisited. Understanding conception to the birth of a baby. Becoming a teenager. All lessons are taught using correct terminology, child-friendly language and diagrams.

Please visit the school's website: <https://harringtonhill.hackney.sch.uk/parents/rse-parent-consultation> for more detail about our Jigsaw PSHE curriculum.

Parents do not have the right to withdraw their children from relationships education. However, parents have the right to withdraw their children from the non-statutory/non-science components of sex education within RSE. The sections in red on the grid below could be deemed, as 'Human Reproduction' and so parents are able to request that their children are withdrawn from all or part of these lessons.

Puberty and Human Reproduction in Jigsaw 3-11		
Y4	Having a baby	The choice to have a baby, the parts of men and women that make babies and – in simple terms – <b>how this happens</b> (animations used – the Female Reproductive System)
	Girls and puberty	How a girl's body changes so that she can have a baby when she's an adult – including menstruation (animations used – the Female Reproductive System)
Y5	Puberty for girls	Physical changes and feelings about them – importance of looking after yourself (animations used – the Female Reproductive System)
	Puberty for boys	Developing understanding of changes for both sexes – reassurance and exploring feelings (animations used – the Male Reproductive System)
	Conception	<b>Understanding the place of sexual intercourse in a relationship and how it can lead to conception and the wonder of a new life</b> (animations used – the Female and Male Reproductive Systems)
Y6	Puberty	Consolidating understanding of physical and emotional changes and how they affect us (animations used – the Female and Male Reproductive Systems)
	Girl talk / boy talk	A chance to ask questions and reflect (single sex) (animations used – the Female and Male Reproductive Systems)
	Conception to birth	<b>The story of pregnancy and birth</b> (animations used – the Female and Male Reproductive Systems)

Requests for withdrawal should be put in writing and addressed to the Head of School. Alternative work will be given to pupils who are withdrawn from sex education.

As a school community, we are committed to working in partnership with parents; if you would like to find out more or discuss any concerns, please contact Mr Brodie to organise a meeting.

Yours sincerely,



**Pete Brodie**  
Deputy Headteacher