

Topic: Global cuisine

Year group 3

Summer 1

Key Vocabulary

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|-------------|--|
| Identity | Who a person is, or the qualities of a person or group that make them different from others. |
| Heritage | Belonging to the culture of a particular society, such as traditions, languages, or buildings, that were created in the past and still have historical importance. |
| Native food | Food that is traditional in a country or culture. |
| Mix | Combine or stir ingredients. |
| Grate | To rub food against a grater in order to cut it into a lot of small pieces. |
| Peel | To remove the skin of fruit and vegetables. |
| Knead | To press something, especially a mixture for making bread, firmly and repeatedly. |
| Bake | To cook inside an oven. |
| Chop | To cut something into pieces with a knife. |
| Techniques | A way of doing an activity that needs a skill. |
| Assemble | To bring parts together to make it complete. |
| Temperature | To measure the amount of heat. |
| Healthy | To be strong and well or make healthy choices. |

Native food



Food techniques



Temperature



Assemble



Identity



Heritage



Key Knowledge

| | | |
|--------------|--------|--|
| Nadia Begum | Who? | a British TV chef, author and television presenter |
| | When? | born 25 December 1984 |
| | Where? | London, England |
| Tom Kerridge | Who? | a British TV chef, author and television presenter |
| | When? | 27 Jul 1973 |
| | Where? | Salisbury, England |

Know how to:

- Explore where different types of foods come from and be able to group, identify and name them.
- Explore the native foods of different countries, religions and cultures and investigate the ingredients used to create them.
- How to use a range of techniques such as peeling, chopping, slicing, grating, mixing, spreading, kneading and baking.
- To be able to follow a recipe accurately.
- Explore how to create a healthy dish that represents heritage and identity.

Nadia Begum



Tom Kerridge



An example of Nadia's food.



An example of Tom's food.



Final Outcome: The children will design and create a healthy dish that represents heritage and identity.