****

***WHATS FOR LUNCH?***

**WEEK: 1 (05/09, 19/09, 03/10, 17/10/2022)**

|  |  |
| --- | --- |
| **Monday** | Surplus Vegetable Pasta of the day Cereals containing wheat is one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredientsMilk is one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredients | Roasted Squash, Sweetcorn & Courgettes | Fruit Salad |
| **Tuesday** | Lamb & Lentil Pie topped with Crispy Potatoes Milk is one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredients | Steamed Broccoli & Peas | Chocolate Cake Eggs is just one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredientsMilk is one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredientsCereals containing wheat is one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredients |
| **Wednesday** | Jollof Chicken Drumsticks **or** Veg | Rice | Spiced Greens | Yoghurt & Banana Milk is one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredients |
| **Thursday** | Vegetable Pizzas Cereals containing wheat is one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredientsMilk is one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredients | Roasted Sweet Potatoes | Mixed Salad | Banana Cake Eggs is just one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredientsCereals containing wheat is one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredientsMilk is one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredients  |
| **Friday** | Fish of the Day Cereals containing wheat is one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredientsFish is listed as one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredients or Vegetarian Pastry Cereals containing wheat is one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredientsEggs is just one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredientsMilk is one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredients | Potato Wedges | Coleslaw Eggs is just one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredients | Crushed Peas | Fruit Salad |

****

***WHATS FOR LUNCH?***

**WEEK: 2 (12/09/, 26/09, 10/10/2022)**

|  |  |
| --- | --- |
| **Monday** | Surplus Vegetable Pasta of the day Cereals containing wheat is one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredientsMilk is one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredients | Spinach, Tomato & Basil Salad | Fruit Salad |
| **Tuesday** | Chicken **or** Vegetable Egg Fried Rice Soya is one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredientsEggs is just one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredients | Steamed Green Beans | Flapjack Milk is one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredientsCereals containing wheat is one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredients  |
| **Wednesday** | Beef Bolognese | Spaghetti Cereals containing wheat is one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredients | Mixed Salad | Yoghurt & Bananas Milk is one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredients |
| **Thursday** | Vegetable Curry | Rice | Carrots & Kale | Oat & Coconut Cookies Milk is one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredientsCereals containing wheat is one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredients  |
| **Friday** | Fish of the Day Cereals containing wheat is one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredientsFish is listed as one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredients or Vegetarian Frittata Milk is one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredientsEggs is just one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredients | Roasted New Potatoes | Coleslaw Eggs is just one of the EU 14 Major Food Allergens, Erudus lets you easily see if a product contains this or any of the allergen ingredients | Peas | Fruit Salad  |