
















## WHATS FOR LUNCH?

WEEKS COMMENCING: Sept 2<sup>nd</sup> , 16<sup>th</sup> & 30<sup>th</sup> , October 14<sup>th</sup> , November 4<sup>th</sup> & 18<sup>th</sup> , December 2<sup>nd</sup> 2024

<b>Monday</b>	Penne Broccoli & Pea Alfredo     Roasted Sweetcorn, Tomato, Avocado & Red Onion   Fruit Salad
<b>Tuesday</b>	Chicken <b>or</b> Veg Jollof Stew   Rice   Plantain & Slaw   Bake of the Day   
<b>Wednesday</b>	Fish of the Day   <b>or</b> Vegetarian Version    Seasonal Vegetables/Salad   Yoghurt & Banana 
<b>Thursday</b>	Vegetarian Dish of the day featuring British Pulses   Seasonal Greens   Fruit Crumble & Cream  
<b>Friday</b>	Beef or Vegetable Bolognese   Spaghetti    Cheese   Coleslaw    Fruit Salad

**WHEREVER POSSIBLE, ALL FOOD IS HOMEMADE ON SITE FROM LOCAL, BRITISH INGREDIENTS**












Harrington Hill Primary School is a nut-free and sesame seed free school.

We use RSPCA Freedom Food free range eggs, Marine Stewardship Council approved sustainable fish and Red Tractor approved fresh meat.

We also use locally sourced ingredients when available and in season.

# WHATS FOR LUNCH?

WEEKS COMMENCING: September 9<sup>th</sup>, October 7<sup>th</sup>, November 11<sup>th</sup>, December 9<sup>th</sup> 2024

<b>Monday</b>	Tomato & Vegetable Pasta Bake    Chickpea, Red Onion & Cucumber   Fruit Salad
<b>Tuesday</b>	Slow Cooked Lamb <b>or</b> Veg Tagine   Rice   Mixed Salad   Bake of the Day   
<b>Wednesday</b>	Fish of the Day   <b>or</b> Vegetarian Version    Seasonal Vegetables/Salad   Yoghurt & Bananas 
<b>Thursday</b>	Veg & Chickpea Korma    Spiced Rice   Seasonal Greens   Homemade Biscuits  
<b>Friday</b>	Creamy Chicken <b>or</b> Vegetable Ragu    Spaghetti    Mixed Salad   Fruit Salad

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# WHATS FOR LUNCH?

WEEKS COMMENCING: December 16<sup>th</sup> 2024

<b>Monday</b>	Penne Broccoli & Pea Alfredo     Roasted Sweetcorn, Tomato, Avocado & Red Onion   Fruit Salad
<b>Tuesday</b>	Beef or Vegetable Bolognese   Spaghetti    Cheese   Coleslaw    Fruit Salad
<b>Wednesday</b>	Fish of the Day   <b>or</b> Vegetarian Version    Seasonal Vegetables/Salad   Yoghurt & Banana 
<b>Thursday</b>	Vegetarian Dish of the day featuring British Pulses   Seasonal Greens   Fruit Crumble & Cream  
<b>Friday</b>	Marinated Chicken or Vegetarian Tart      Fries   Coleslaw    Fruit Salad

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# WHATS FOR LUNCH?

WEEKS COMMENCING: September 23<sup>rd</sup> , October 21<sup>st</sup> , November 25<sup>th</sup> , 2024

<b>Monday</b>	Tomato & Vegetable Pasta Bake    Chickpea, Red Onion & Cucumber   Fruit Salad
<b>Tuesday</b>	Slow Cooked Lamb <b>or</b> Veg Tagine   Rice   Mixed Salad   Bake of the Day   
<b>Wednesday</b>	Fish of the Day   <b>or</b> Vegetarian Version    Seasonal Vegetables/Salad   Yoghurt & Bananas 
<b>Thursday</b>	Veg & Chickpea Korma    Spiced Rice   Seasonal Greens   Homemade Biscuits  
<b>Friday</b>	Marinated Chicken or Vegetarian Frittata     Fries   Coleslaw    Fruit Salad

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