





WEEK 1

WHATS FOR LUNCH?

Weeks Commencing: September 1st , 15th , 29th , October 13th , November 3rd , 17th , December 1st 2025

Monday	Tomato, Mozzarella & White Bean Pasta Bake   Mixed Salad Yoghurt & Banana 
Tuesday	Jerk Chicken Drumsticks or Jerk Black Beans & Veg Rice & Peas Fried Plantain Slaw  Bake of the Day   
Wednesday	Fish of the Day   or Vegetarian Version  Seasonal Vegetables/Salad Fruit Salad
Thursday	Mixed Bean & Veg Chilli Baked Potatoes Guacamole Sour Cream  Cheese  Bake of the Day   
Friday	Beef or Veg Coconut Curry Rice Steamed Greens Salad Fruit Salad

Key to Allergens:  Gluten  Milk  Soya  Egg  Fish

WHEREVER POSSIBLE, ALL FOOD IS HOMEMADE ON SITE FROM LOCAL, BRITISH INGREDIENTS

Harrington Hill Primary School is a nut-free and sesame seed free school.

We use RSPCA Freedom Food free range eggs, Marine Stewardship Council approved sustainable fish and Red Tractor approved fresh meat.

We also use locally sourced ingredients when available and in season.



WEEK 2

WHATS FOR LUNCH?

Weeks Commencing: September 8th , October 6th , November 10th , December 8th 2025

Monday	Chickpea, Potato, Paneer & Spinach Curry  Rice Crushed Peas Raita  Fruit Salad
Tuesday	Lamb or Veg Ragu Spaghetti  Steamed Broccoli Bake of the Day   
Wednesday	Fish of the Day   or Vegetarian Version  Seasonal Vegetables/Salad Yoghurt & Bananas 
Thursday	Homemade Vegetable Pizza   Roast White & Sweet Potatoes Mixed Salad Bake of the Day   
Friday	Thai Chicken Curry or Veg & Bean Curry Noodles   Steamed Greens Fruit Salad

Key to Allergens:  Gluten  Milk  Soya  Egg  Fish

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WEEK 4

WHATS FOR LUNCH?

Weeks Commencing: December 15th 2025

Monday	Tomato, Mozzarella & White Bean Pasta Bake   Mixed Salad Yoghurt & Banana 
Tuesday	Beef or Veg Coconut Curry Rice Steamed Greens Salad Bake of the Day   
Wednesday	Fish of the Day   or Vegetarian Version  Seasonal Vegetables/Salad Fruit Salad
Thursday	Mixed Bean & Veg Chilli Baked Potatoes Guacamole Sour Cream  Cheese  Bake of the Day   
Friday	Marinated Chicken or Vegetarian Tart    Fries Coleslaw  Fruit Salad

Key to Allergens:  Gluten  Milk  Soya  Egg  Fish

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WEEK 3

WHATS FOR LUNCH?

Weeks Commencing: September 22nd , October 20th , November 24th 2025

Monday	Chickpea, Potato, Paneer & Spinach Curry  Rice Crushed Peas Raita  Fruit Salad
Tuesday	Lamb or Veg Ragu Spaghetti  Steamed Broccoli Bake of the Day   
Wednesday	Fish of the Day   or Vegetarian Version  Seasonal Vegetables/Salad Yoghurt & Bananas 
Thursday	Homemade Vegetable Pizza   Roast White & Sweet Potatoes Mixed Salad Bake of the Day   
Friday	Marinated Chicken or Vegetarian Tart    Fries Coleslaw  Fruit Salad

Key to Allergens:  Gluten  Milk  Soya  Egg  Fish

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