



Intimate Care Policy

Approved by:	Governing Body	Date: 1 st June 2026
Last reviewed on:		
Next review due by:	September 2026	

Toilet Training

Learning to use the toilet is a big event in a young child's life. As toilet training is a complex process, there are many issues caregivers and families must consider before and during the process of toilet training for it to be a successful experience for everyone.

Please be aware of the following protocol that your child's key worker will follow:

1. Once you have introduced toilet training to your child at home we will start to encourage your child to use the toilet at nursery, we will try to copy your routine as closely as possible to maintain continuity for your child.
2. We prefer that your child arrives at nursery in pants/knickers.
3. Please ensure that your child wears suitable clothing when toilet training. i.e vests without poppers at the bottom, belts, dungarees.
4. Please bring in sufficient spare clothes including shoes for the staff to dress your child in.
5. Accidents will be dealt with calmly, sympathetically and in a way which does not make the child think that they have done anything wrong.
6. The key worker will learn the words that the child's family use for body parts, urine and bowel movements to be consistent with what the child is doing at home.

Safety

Child sized toilets or modified toilet seats with step stools are recommended.

Caregivers and children should properly wash hands after toileting, helping with toileting and handling contaminated items.

Toilet Training Techniques

A calm easy-going approach works best.

Toilet training involves many steps (discussing, undressing, going, wiping, dressing, flushing, hand washing) reinforce the child's success at each step.

Help the child to recognize when they are urinating or have a bowel movement.

Children should be shown how to use the toilet by discussion about each step.

Caregivers should include toilet training into the daily routine such as reading books, songs, games that reinforce the skills needed to toilet train.

Never force a child to sit on the toilet against their will or for long periods of time.

Never punish for accidents

Supervise children during toilet training.

Safeguarding

When toilet training children staff must ensure they prop the bathroom door open when toilet training or changing children alone. Staff must inform their colleagues of their intention to change or put a child on the toilet.